



# Little Hands Can

*Inspiring and empowering little hands to make a world of difference!*

## ANNUAL REPORT



# 2018

# A NOTE FROM OUR DIRECTORS

In June 2018, LHC went through some big changes. Our Founders, Mandi and Miriam, left their leadership roles to pursue life goals and dreams. Mandi stepped down as Managing Director pending the birth of her third child, a beautiful boy born in November 2018. Miriam is a full-time student pursuing a PhD, but continues her volunteer work with LHC as our Community Events Director. We have a new leadership team, including Ashley Bohanan, Executive Director, and Rachel Henderson, Managing Director. However, despite these changes, Little Hands Can continues its dedication to inspiring and empowering children to better their communities by connecting them with local service opportunities. We continue to provide our Community Events, Happy Helpers, Kindness Camp, and After School program. We have seen a lot of growth and change over the last three years and will see more growth and change as this organization continues to develop. Our future is bright! Thank you for your dedication to helping us teach our children the importance of serving our community and making the world a better place!



**Photo: Some of our Board of Directors' Children delivering holiday cards to every bed at the Eugene Mission on Christmas Eve.**

# OUR MISSION

Little Hands Can is a 501(c)(3) nonprofit organization dedicated to inspiring and empowering children to better their communities by connecting them with local service opportunities.

If you are looking for ways to encourage and enable your children (even babies and toddlers) to give back to our community, and to become civic-minded, compassionate, helpful world citizens and leaders, then Little Hands Can is the group for you. Our mission is to inspire and empower children, of any age, to better their communities by connecting them with service opportunities. We have witnessed that every child, no matter how small, makes a difference!

# OUR TEAM



## Ashley Bohanan, Executive Director

Ashley is a mom of two sweet and busy boys, ages 6 and 3. A Speech/Language Pathologist by trade, she is passionate about helping those in need and making positive changes in people's lives. Witnessing unprompted acts of kindness by 4-year-old son further drove her desire to find opportunities for her sons to take pride, make a difference, and feel ingrained in their community by helping others. That was when she found Little Hands Can, and it has been, in a word, life-changing!

Ashley hopes to bring her passion for giving back to Little Hands Can in a way that will teach our children the importance of kindness, empathy, and gratitude and to create programming that produces compassionate leaders. Little Hands Can make the world a better place!

In her spare time, Ashley loves to run, read, be outside as much as possible, and spend quality time with friends and family.



## Rachel Henderson, Managing Director

Rachel began volunteering for Little Hands Can as a way to introduce community outreach to her two daughters (2 and 7). Service to others has always been a passion of hers and one she wants to share and pass on to her children.

Rachel's educational background includes a master's degree in social work (MSW) with a concentration in mental health. She has worked in the public and private schools as a school counselor, school social worker and consultant. Rachel is excited to take on this new role and is looking forward to merging her professional training with her wish to empower her daughters to give back.

Rachel's hobbies include getting crafty and creative. She loves cooking, music, traveling and getting out with her family to enjoy the beautiful scenery that Oregon has to offer.



## Edon Davenport, Development Director

Edon volunteers with Little Hands Can as the Development Director. She has professional fundraising experience working with non-profits in the Chicago area, with an emphasis in grant writing and special events. Edon holds a masters degree in Human Relations and Business and an undergraduate degree in Psychology.

In her spare time, Edon enjoys yoga, being outdoors and spending time with her husband and children. Edon says that the best part of working with Little Hands Can is watching her children find joy in serving others.



## Miriam Clark, Founder/Community Events Director

Miriam is a co-founder of Little Hands Can. She came up with the idea for Little Hands Can as a way of teaching her inquisitive girls about social issues through hands on service. She sees the need for children in the community to learn about the world around them and that as small as their hands may be, they can make a difference.

Miriam stepped down from her position as Executive Director in 2018 in order to start a PhD program at the University of Oregon. She still oversees community events.

Miriam enjoys running, swimming, hiking and, most importantly, spending time with her husband and two girls.

# OUR TEAM



## Taylor Jensen, Treasurer | Board of Directors

Taylor is the financial wizard of Little Hands Can. He is originally from Southeastern Idaho but he and his wife, Hilary, and son, Knox, love the northwest. Taylor graduated from Idaho State University in 2014 with degrees in Accounting and Finance. He currently works for Moss Adams LLP, a public accounting firm.

Taylor enjoys doing pretty much anything outdoors and with his family. He really enjoys going backpacking, camping, binge watching TV shows and finding new places to eat out at. Taylor loves being around kids and the energy that they bring to life.

Taylor joined Little Hands Can in 2016. He loves being able to see the change that kids make in the world and that is what he hopes to continue to help with Little Hands Can.



## Jaime Bergeson, Secretary | Board of Directors

Jaime is originally from Salt Lake City. She moved to Oregon with her family 10 years ago. She is a stay at home mom of three busy children 12, 10 and 6. Her family loves that Little Hands Can allows them to serve at a young age.

Jaime enjoys family bike rides, reading and long walks with her dog.



## Lauren Jackson, Board of Directors

Lauren is a mother to three young children and a wife to one fantastic husband. Her professional background includes an undergraduate degree in Speech & Hearing Sciences with a Master's degree in Speech-Language Pathology; both from the University of Washington. She spent many years working in pediatrics in a variety of settings.

Lauren first became interested in joining the Little Hands Can team as a way to become involved in the community of Eugene, while fostering a love for service and caring for others in her children. In her spare time, she enjoys spending time with her family and friends, and being in the beautiful outdoors while running, skiing, hiking or just soaking up the fresh air.



## Emily Miska, Board of Directors | Marketing

Emily is an Oregon transplant, having lived in the Midwest for ten years prior to settling in Eugene. She attended Santa Clara University and received her degree in French and Francophone Studies with a minor in Art History. She then went on to earn a degree in Marketing and Communications, which was her professional focus prior to leaving the industry to stay home with her children.

From childhood to adulthood, Emily has been excited and passionate about giving back to her community through service, and wants to ensure that helping others is a priority for her children as well. Little Hands Can has provided an amazing opportunity to expose Sydney (3) and Walker (9 months) to volunteering at an early age, and Emily is thrilled to be part of the team behind the scenes.

In her spare time, Emily enjoys spending time with her husband, children, and bulldog. The family loves to be outside and explore everything that Oregon has to offer, from hikes and playing at the park to visiting Sun River, Bend, and Portland.

# OUR PROGRAMS



## Community Events

Community service events are organized twice a month for families to serve together at local charities.

**Best for:** Families with kids of all ages



## Happy Helpers

Preschool-age kids meet with seniors at an assisted living facility and, together, make items to be donated to local charities.

**Best for:** Ages 0-6



## After School Grow and CARE

This program brings children in Eugene's schools together weekly to do hands-on service.

**Best for:** Elementary School Children who are part of the BEST After School Program in Eugene's 4J School District.



## Kindness Camp

Half-day summer camp where children have fun while growing their kindness and generosity towards themselves and others. We explore the pillars of giving through art, music, and community service projects.

**Best for:** Ages 4-8

# OUR IMPACT

## Community Events:

In our Community Events program, we worked with and served **over 25 local and national organizations** through our community service projects.

In 2018, LHC's children completed **25 service projects totalling over 906 Community Service Hours** through our Community Events program. These community service projects **served countless people in our community** including all of those who use our parks and open spaces and the men, women, and children who spend both Thanksgiving and Christmas without homes. Approximately **500 people** spend Thanksgiving and Christmas at the Eugene Mission, and LHC's children and families proudly helped prep their meals. Additionally, with the help of church groups, school groups, and countless others, we made nearly 700 Christmas cards to put on each bed at the Mission and to decorate their holiday tables.

Our community service projects included: gardening and landscaping for the City of Eugene Parks and Open Spaces, Walama Restoration Project, Friends of Hendrick's Park, FOOD for Lane County's Grassroots Garden, cleaning and landscaping at Riverhouse Outdoor, helping the Very Little Theatre, projects benefitting animals for three local organizations, cleaning our local parks, and making ornaments for Womenspace, an organization dedicated to ending partner violence.



Photo: Harvesting celery in the GrassRoots Garden for FOOD for Lane County.

## Happy Helpers:

In our Happy Helpers Playdates program, we engage seniors who are in an assisted living environment for a variety of reasons, including Memory Care. Many of the residents are Veterans.

In 2018, LHC's preschoolers and toddlers completed **36 service projects totalling 685 Community Service Hours** through our Happy Helpers program, which **served over 830 people in need**. Our projects served children in Haiti, animals in local shelters, babies in the NICU and their families, Eugene's homeless population, and those who need nutritious meals delivered to their homes.

Our service projects included: creating graduation awards for children in Haiti, making Get Well cards, decorating placemats for Meals on Wheels, making dog and cat toys for the Animal Cruelty Society, making pillows for wounded soldiers, and making Christmas cards to put on every pillow at the Eugene Mission.



Photo: Happy Helpers Ice Cream Social  
September 2018

# OUR IMPACT

## Kindness Camp:

Our summer 2018 Kindness Camp took place in August, and what a week it was! These amazing **14 children** completed **7 service projects** in which they compiled, collected, or handmade items for **4 different organizations**. This included:

1. Conducting a food drive in which they filled a box with canned goods for **FOOD for Lane County**.
2. Compiling **68 mini first aid kits** for the **Eugene Mission** to distribute to those without homes.
3. Making **25 Cards for Hospitalized Kids**, and
4. Compiling **28 hygiene kits for Bags of Love Eugene**.

During this 5-day morning camp, the kids also planted flowers using recycled containers to help our earth and the bees, made friendship bracelets using the beads they earned throughout the week doing acts of kindness, kept journals each day of what they learned, made cards for the Eugene Mission, and so much more. What an uplifting and special way to spend the week with a really fun and wonderful group of young kids.

We are so touched and inspired by all of the amazing volunteers, parents, and especially kids that made this week a success. Even little hands can make a big difference!



Photo: Learning about Bags of Love at Kindness Camp

## After School Grow and CARE:

LHC partners with the BEST (Boosting & Enriching Students Today) Afterschool Program to provide a community service elective at local elementary schools in Eugene, Oregon. The BEST program targets underserved students, including children who are homeless, in transitional housing, and English Language Learners. Students in the BEST Afterschool Program are more diverse than the 4J district-wide student body as a whole. **45% of BEST attendees are students of color, and almost 20% speak a language other than English at home.**

In the service elective, students learn about different issues in the community, participate in classroom service projects, and learn more about local nonprofits. Lesson plans include books, music, games, discussions, and service activities related to a particular nonprofit and the community need it addresses. These activities are paired with age-appropriate discussion and multimedia on topics such as safe shelter, protecting the environment, building a strong community, protecting animals, or helping neighbors.

Around **150 students are served** in our LHC community service elective, and each can complete between 3 and 20 hours of service during a school year. Students benefit from the LHC Afterschool Program as they gain more confidence, self-efficacy, and tolerance as they increase their understandings of social issues. Individuals served by the local non-profits benefit, as well.



Photo: Posters to raise awareness about protecting our wildlife created by some of our After School Grow and CARE Program students.



# OUR IMPACT



Photo: July 2018 Superhero Playground Wash

**HAPPY HELPERS:** In the winter of 2018, a few of the Directors of Little Hands Can were chatting with the staff at Waterford Grand, one of our partner organizations, after a particularly inspiring Happy Helpers service activity. One of the residents was a former host for an American children's television series. An aide who knows her commented that this was the most delighted and animated he had seen her since she arrived at Waterford Grand 9 months prior. Through tear-filled eyes, he said she is on hospice now and has not been very lively, but on this particular day, interacting with the children and seeing them dance to music, she displayed a joyful side of herself that he had not seen before. We all agreed that this was a beautiful and powerful reminder that little hands really can make positive and powerful change.

**AFTER SCHOOL:** In 2018, our After School Grow and CARE program teachers are loving the kids and are thrilled to be reaching a population of children that don't typically access our programs and curriculum in any of our other settings.

Maria is proud of the awesome projects these kids have done and the thoughtful conversations they have had with each other on a wide range of really important issues. Over the last few years, she is most proud of the way they have practiced their powers of observation, creativity and self-advocacy to think about what problems exist in the world around them and what actions they themselves can take to work on them.

**COMMUNITY EVENTS:** In 2018, with the help of countless school groups, church groups, friends of Little Hands Can, and other community members, we completed close to 700 holiday cards for those utilizing the services at the Eugene Mission and Shelter Care. As we were promoting this project on social media, we had two people reach out to us about it:

- Tracy: "I was homeless 3 years ago for about 3 or 4 months, and I stayed at the Mission. These beautiful little touches really mean a lot when you are homeless and leaving abusive situations. It renews your faith that things will be ok and people do care about you. It is wonderful!"
- Jeff: "Having been homeless as well, I can also say it's little things like that that mean so much and that so many take for granted."

For more stories, visit us at <https://littlehandscan.org/our-history/>

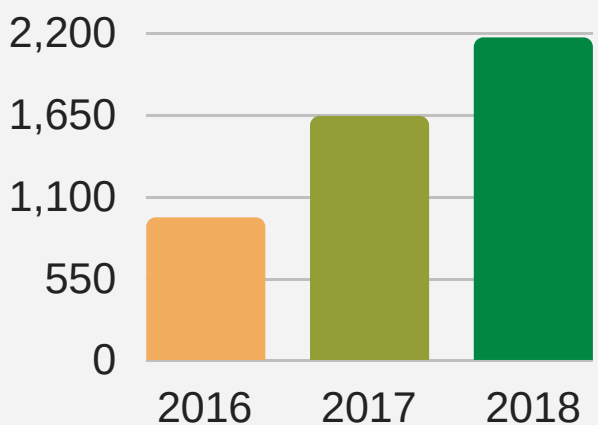
# OUR GROWTH

Little Hands Can started with two Eugene moms with a passion for helping others who wanted to instill that love of service in their children. Not finding many organizations that accepted toddler-age volunteers, they decide to create an organization that would seek out service opportunities for young children and make them accessible to as many families as possible.

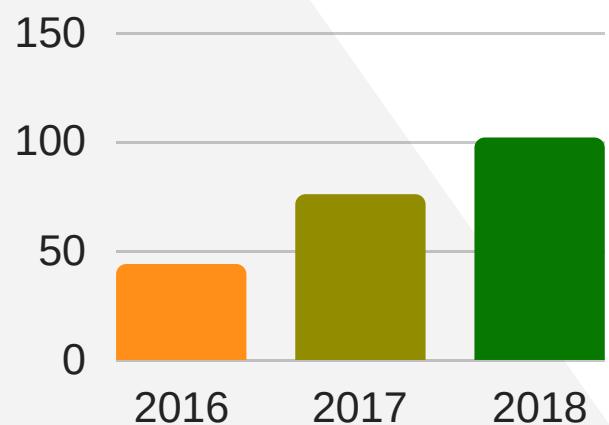
Little Hands Can's first community event was held July 2015 at Skinner's Butte Park putting together mini first aid kits for the Eugene Mission. Since then we've expanded to include many more community events as well as other programs ranging from an afterschool program to play dates to summer camps to school/church visits and more. The website is stocked with easy service ideas for families to do on their own time, as well as inspirational examples of kids engaging in service around the world, so that any child anywhere can feel like they can do something to help others.

Over the last three years, we have partnered with local charities, organizations, and retirement facilities to complete 250 community service projects and have engaged and helped thousands of community members through our volunteer work.

Our After School program has grown to include 150 students per year and teachers have developed a Grow and CARE curriculum to be used with future classes.



Total Service Hours for all 4 Programs



Community Service Projects Completed

# FINANCIAL STATEMENTS

## STATEMENT OF FINANCIAL POSITION December 31, 2018

<u>ASSETS</u>	
<b>CURRENT ASSETS</b>	
Cash and cash equivalents	\$ 13,064
Total current assets	<u>13,064</u>
Total assets	<u>\$ 13,064</u>
<u>LIABILITIES AND NET ASSETS</u>	
<b>CURRENT LIABILITIES</b>	
Accounts payable	\$ -
Total current liabilities	<u>-</u>
Total liabilities	<u>-</u>
<b>NET ASSETS</b>	
Unrestricted	\$ 13,064
Temporarily restricted	-
Permanently restricted	-
Total net assets	<u>13,064</u>
Total liabilities and net assets	<u>\$ 13,064</u>

## STATEMENT OF ACTIVITY FOR PERIOD ENDED December 31, 2018

<b>REVENUES AND OTHER SUPPORT</b>	
Grant revenues	\$ 4,000
Fundraising	4,223.97
Contributions	2,976
Total revenues and other support	<u>11,200</u>
<b>EXPENSES</b>	
Total program services	<u>10,571</u>
Total support services	<u>2,685</u>
Total expenses	<u>13,256</u>
CHANGE IN NET ASSETS	(2,056)
NET ASSETS, beginning of year	<u>15,120</u>
NET ASSETS, end of year	<u>\$ 13,064</u>

# OUR DONORS AND SUPPORTERS

First, we'd like to thank all of our generous #GivingTuesday Donors. With your help on November 27, 2018, we were able to raise \$4971.29, which goes a long way in our organization. This money will help us continue to provide free community service events twice per month as well as fund our Happy Helpers Program. We are so grateful for the support of our friends, family, and community for making this possible.

We'd also like to thank Spirit Mountain Community Fund for the generous \$4000 grant awarded us in December 2018 to fund our After School Grow and CARE Program. Our Executive Director, Ashley, was honored to attend the check acceptance ceremony. It was wonderful meeting some of the Tribal Leaders, learning about the history of Grand Ronde, and mingling with others in our region who are doing such amazing charitable work. It's inspiring to be amongst so many who are giving back to their community in remarkable ways. We are grateful.

SPIRIT MOUNTAIN  
COMMUNITY FUND



The Confederated Tribes  
of Grand Ronde



# OUR DONORS AND SUPPORTERS

Little Hands Can would like to thank the following businesses, individuals, and organizations for their support.

**MillsDavis Foundation**  
**Spirit Mountain Community Fund**  
**Oregon Community Credit Union**  
**Cornucopia**  
**Dancing Weasel Toy Store**  
**Northwest Burgers**  
**Hot Mama's Wings**  
**Nathan Clark Art**  
**Humanitize Expeditions**  
**Eugene Emeralds**  
**Sweet Life**  
**Oregon Contemporary Theater**  
**Randall's Automotive**  
**McMenamins**  
**UO Athletic Department**  
**Sizzle Pie**  
**Cafe Yumm**  
**Mom's Pies**  
**Nancy's Yogurt**  
**Perriwillow Boutique**

Emily Josh Alder  
Allison Allred  
Marian Azorr  
Amanda and Caleb Balbuena  
Liberty Barnes  
Dominique Barr  
Josh Beck  
Amanda Bedortha  
Alison and John Bell  
Rex Bennett  
Jaime Bergeson  
Paul Best  
Linda Bevans  
Jordan Blair  
Marybeth Lloyd Bock  
Ashley Bohanan  
Ellen Bradford  
Rohanna Buchanan  
Chrystal Calderon  
Theresa Bartlett Callanan  
Kara Carney  
Maria Carter  
Jenel Chandler  
Camm Clark  
Jessica Clark  
Lauren Clark  
Miriam Clark  
Rachel Clark  
Shanna Clark  
Christina Cooper  
Jayne Cooper  
Christa Cotterell  
Debbie Crady  
Edon Davenport  
Otto Deleon  
Julie Dewsnup  
Amy Donaldson  
Anna Drake  
Dana Edvalson

Lisa Evert  
Sara Fancey  
Franklin Farnsworth  
Kathy Farrier  
Molly Fitzpatrick  
Robin and Matt Fitts  
Suz Fix  
Krista Frederico  
Andrea Gamarra  
Melissa Gariepy  
Mary Gatlin  
Elden Grace  
Kristen Greenley  
Jamie Gregory  
Crista Harter  
Rachel and Conor Henderson  
Terrin Henderson  
Raymond Hiersche  
Thea Hiersche  
Casey Hire  
Alice Holmes  
Duncan Howatt  
Shanna Dunkley Hutton  
Lauren Jackson  
Elizabeth Johnson  
Emily Johansson  
Sarah Johansson  
Maureen Joyner  
Amy Keir  
Ida Keir  
Jeffrey Kern  
Ginger Kesey  
Sue Kesey  
Laura Kessler  
Jeff Krebs  
Heather Kunz  
Elyse Lambeth  
Carolyn Laporte  
Savannah Largent  
Lisa Lewis  
Whitney Liebler  
Katie Long  
Heather Lorenz  
Mark and Tami Manning  
Tamara Manning  
Britny Maureze  
Jan Medasksa  
Leena Mehta  
Lindsey Meyers  
Annie Mills  
Karen Miller  
Annie Mills  
Emily Miska  
Pam Murray  
Thomas Murray  
Alia Nickel  
Amanda Nuñez  
Pat Paschke  
Robin Pedersen  
Candace Plevyak

Gene and Elaine Plevyak  
Kelli Plevyak  
Nadia Price  
Lynda Martin  
Pam Murray  
Ryan Murray  
Thomas Murray  
Anne Nagashima  
Patty Neal  
Ali Nelson  
Cory and Destry Neu  
Karla Olney  
Laura Ramey  
Kara Rhoda  
Ericka Rhodes  
Peggy Richard  
Jillian Robertson  
Allyson Rodriguez  
Sara Rowley  
Eryn Salden  
Stephanie Savage  
Heather Schott  
Beverly Schlotterbeck  
Dani Schlotterbeck  
Amanda Silha  
Kellie Steiner  
Hillary Stirling  
Barbara Stock  
Marel Stock  
Dan Sundin  
Jon Sundin  
Karen Sundin  
Robb Sundin  
Kevin Sutterfield  
Amanda Svejcar  
Dallas Swenson  
Steve Tavernier  
Sara Thornton  
Amber Toney  
Brian Trusty  
Kathryn and Mc Turner  
Cindy Vance  
Jean Vance  
Mandi Vance  
Melissa Vance  
Nathan Vance  
Johannes Vandermolen  
Loretta Vandermolen  
Megan Waite  
Chelsey Walker  
Katie Walther  
Raymond and Kelly Walther  
Sue Wetzel  
JoAnne Widmer  
R.L. Widmer  
Crystal Wilcock  
Alicia Williams  
Janis Williams  
Diana Wilson  
Mike Wilson

Terri Wilson  
Karen Windham  
Sherry Work  
Angi Young  
Kate and Zach Zipay

# OUR GOALS FOR 2019 & BEYOND

In 2019, we will continue to perfect and expand upon our existing programs. We are currently in the process of rebranding each program so that they are more accessible, visible, and informative for our attendees.

Each program will have specific goals that will help us focus on our mission and have the greatest impact possible on our community. We are building our leadership team, board of directors, and volunteer base. We are so excited for the future of LHC with these amazing individuals guiding it. Happy 2019!

## *Serve with us!*

Join us by attending our events, learning from our website, volunteering, joining our Board of Directors, or **donating**. We count on YOU to continue to provide events that are accessible to all children and families in our community. We hope to see your family soon, because all **little hands can** make a world of difference!

