



Little Hands Can



2019 ANNUAL REPORT

A NOTE FROM OUR DIRECTORS

In 2019, LHC continued to grow, made a larger and more significant impact in the community, and gained new volunteer staff and board members with a passion for our mission. Our fiscal year changed from the calendar year to July 1-June 30 to better align with our program schedule. We also renamed and rebranded our events to better educate people about each of our five main programs, their purpose, and each program's impact in the community. Little Hands Can remains dedicated to inspiring and empowering children to better their communities by connecting them with local service opportunities. We continue to provide our City Stewards (formerly known as Community Events), Happy Helpers, Kindness Camp, and Learning Leaders (formerly known as the Grow and CARE After School) programs. A fifth program called Young Yogis was launched in September of 2019. This program, led by a certified yoga instructor, combines the practice of mindfulness with a community service project. At Little Hands Can we believe that finding peace within ourselves is a fundamental step towards creating a peaceful world and our hope is that Young Yogis Service will give our children the tools to begin that journey. We have seen a lot of growth and change over the last four years and will see more growth and change as this organization continues to develop. We are coming up on our 5th anniversary, and we look forward to celebrating the children who make such a difference in our community. Thank you for your dedication to helping us teach our children the importance of compassion and volunteerism!



Photo: Some of our Directors' children delivering holiday cards to every bed at the Eugene Mission on Christmas Eve.

OUR MISSION

Little Hands Can is a 501(c)(3) nonprofit organization dedicated to inspiring and empowering children to better their communities by connecting them with local service opportunities.

OUR VISION

1. All children are capable of making a difference no matter their age or background.
2. By encouraging our youth to consider the needs in their community we are working to create a generation of more compassionate, thoughtful and civic-minded individuals.
3. No kind act is too small to create positive and lasting change.

OUR TEAM



Ashley Bohanan, Executive Director

Ashley is a mom of two sweet and busy boys, ages 7 and 4. A Speech/Language Pathologist by trade, she is passionate about helping those in need and making positive changes in people's lives. Witnessing unprompted acts of kindness by 4-year-old son further drove her desire to find opportunities for her sons to take pride, make a difference, and feel ingrained in their community by helping others. That was when she found Little Hands Can, and it has been, in a word, life-changing!

Ashley hopes to bring her passion for giving back to Little Hands Can in a way that will teach our children the importance of kindness, empathy, and gratitude and to create programming that produces compassionate leaders. Little Hands Can make the world a better place! In her spare time, Ashley loves to run, read, be outside as much as possible, and spend quality time with friends and family.



Edon Davenport, Development Director

Edon volunteers with Little Hands Can as the Development Director. She has professional fundraising experience working with non-profits in the Chicago area, with an emphasis in grant writing and special events. Edon holds a masters degree in Human Relations and Business and an undergraduate degree in Psychology.

In her spare time, Edon enjoys yoga, being outdoors and spending time with her husband and children. Edon says that the best part of working with Little Hands Can is watching her children find joy in serving others.



Rachel Henderson Communications Director & Happy Helpers Director

Rachel began volunteering for Little Hands Can as a way to introduce community outreach to her two daughters (3 and 8). Service to others has always been a passion of hers and one she wants to share and pass on to her children.

Rachel's educational background includes a master's degree in social work (MSW) with a concentration in mental health. She has worked in the public and private schools as a school counselor, school social worker and consultant. Rachel is excited to take on this new role and is looking forward to merging her professional training with her wish to empower her daughters to give back.

Rachel's hobbies include getting crafty and creative. She loves cooking, music, traveling and getting out with her family to enjoy the beautiful scenery that Oregon has to offer.



Miriam Clark Founder/City Stewards Director

Miriam is a co-founder of Little Hands Can. She came up with the idea for Little Hands Can as a way of teaching her inquisitive girls about social issues through hands on service. She sees the need for children in the community to learn about the world around them and that as small as their hands may be, they can make a difference.

Miriam stepped down from her position as Executive Director in 2018 in order to start a PhD program at the University of Oregon. She still oversees community events.

Miriam enjoys running, swimming, hiking and, most importantly, spending time with her husband and two girls.

OUR TEAM



Sheena LaPratt
City Stewards Co-Director

Sheena came to Little Hands Can because it is a cause that she believes in. She believes small acts matter and strives to teach her kids that they can make a difference now. She believes volunteering in the community empowers her kids to get outside of themselves and combat selfishness.

Sheena has worked with children in various capacities including teaching children's yoga, teaching church classes, and volunteering as a scout leader. Sheena currently homeschools her five children and is finishing her Bachelor's degree. After graduation, she plans to pursue a Master's in Education. In her free time, she enjoys baking, exploring the outdoors, traveling, creating, photography and fitness.



Ginger Kesey
Young Yogis Instructor & Kindness Camp Instructor

Ginger is so happy to be a part of the Little Hands Can team. She loves sharing the gift of yoga with kiddos. Kids are naturally so curious, present and full of joy. She can't think of anything better than nurturing those beautiful qualities that are already present in children's hearts.

When Ginger is not practicing and teaching yoga she is hanging out with these two cuties collecting rocks, feeding turtles and chickens and meditating on Legos.



Jenny Milliron
President | Board of Directors

Jenny Milliron holds a B.A. from the University of Notre Dame and a J.D. from Willamette University College of Law. She is currently taking a break from practicing law while raising her three children but does legal research and drafting on the side.

When Jenny and her husband Chris first became parents, they found it difficult to incorporate community service into their family life. Little Hands Can's mission of inspiring and empowering children to better their communities by connecting them with local service opportunities is exactly what they were hoping to find for their family. Little Hands Can is a wonderful resource for the community of Eugene, and Jenny is grateful to be serving as a board member.

In her spare time, Jenny enjoys traveling -especially to visit her siblings and nieces and nephews.



Jessica Clark,
Treasurer | Board of Directors

Jessica is the financial wizard of Little Hands Can. She graduated from the University of Oregon with a B.A. in Accounting and is a licensed CPA in the state of Oregon. She is the President of FiscalWorks, which allows her to bring her technical financial expertise to small to medium sized nonprofits.

Jessica is the mom of a happy and (very) busy 6 year-old boy. As a recent Portland transplant, she found it difficult to find age appropriate volunteer opportunities for her family. When she learned about Little Hands Can's mission, it was a match made in heaven!

In her spare time, Jessica loves to travel and spend quality time with friends and family.

OUR TEAM



Zach Zipay
Secretary | Board of Directors

Zach is a native of the midwest (Ohio) and recently moved to Eugene in 2018 with his wife and three year old son, George. Zach is a Sales Director at a technology firm (QLess) based out of Los Angeles. QLess, Inc's mission is to eliminate lines throughout the world by using mobile queuing technology such as Apps/text and web remote join. With more than 10 years experience in the field of government sales, Zach works closely with government agencies – such as cities, counties and state governments – to oversee the deployment and management of SaaS solutions in the government environment. Zach earned his Bachelor of Business Administration at the Ohio University and his MBA from the University of South Florida in Tampa. He enjoys hiking, camping, running, yoga and live sporting events as well as traveling to experience new cultures and people around the world.



Lauren Jackson, Board of Directors

Lauren is a mother to three young children and a wife to one fantastic husband. Her professional background includes an undergraduate degree in Speech & Hearing Sciences with a Master's degree in Speech-Language Pathology; both from the University of Washington. She spent many years working in pediatrics in a variety of settings.

Lauren first became interested in joining the Little Hands Can team as a way to become involved in the community of Eugene, while fostering a love for service and caring for others in her children. In her spare time, she enjoys spending time with her family and friends, and being in the beautiful outdoors while running, skiing, hiking or just soaking up the fresh air.



Emily Miska, Board of Directors

Emily is an Oregon transplant, having lived in the Midwest for ten years prior to settling in Eugene. She attended Santa Clara University and received her degree in French and Francophone Studies with a minor in Art History. She then went on to earn a degree in Marketing and Communications, which was her professional focus prior to leaving the industry to stay home with her children.

From childhood to adulthood, Emily has been excited and passionate about giving back to her community through service, and wants to ensure that helping others is a priority for her children as well. Little Hands Can has provided an amazing opportunity to expose Sydney (4) and Walker (1) to volunteering at an early age, and Emily is thrilled to be part of the team behind the scenes.

OUR PROGRAMS



Community service events organized at least twice a month for families to serve together at local organizations.

Best for: Families with kids of all ages

When: 2-3x per month year-round



Preschool-age kids meet with seniors at an assisted living facility and together make items to be donated to charities.

Best for: Children ages 0-6 with their caregivers.

When: Weekly, September - June



A morning camp that teaches a different pillar of giving each day. We explore these pillars through art, music, and community service projects.

Best for: Ages 4-8

When: Sessions in July and August



An after school class that brings children together weekly to identify and solve community problems. The curriculum empowers children from diverse backgrounds to be civic-minded leaders.

Best for: Eugene 4J BEST Afterschool Students (K-5th Grade)



A mindful yoga lesson followed by a service project. This program helps children connect and feel compassion toward self and community.

Best for: Children of all ages along with their caregivers.

When: Offered annually



OUR IMPACT

Proudly serving Eugene since 2015

We Empower

Little Hands Can is an organization made up of passionate volunteers wanting to make a difference. By encouraging kindness and helpfulness early on, we can lay the foundation for a future generation who is more thoughtful, inclusive and altruistic. In order to accomplish this, **our mission is to inspire and empower children to better their community by connecting them with local service opportunities.**

Since Little Hands Can's conception in 2015, children and their families have completed

- over **270 community service project events**
- over **14,186 volunteer hours**

We Change Lives

In addition to connecting thousands of children ages 0-18 with service opportunities, we also benefit the community at large through our service projects. Because of the generous donors who support our programs, each year Little Hands Can has been able to expand and diversify its reach and continuously increase the impact we have on our community. Since 2015, LHC families have:

- Served **15,944** community members through our programs including **1,702 seniors** in assisted living facilities, **836 animals**, and **13,406** adults and children experiencing **homelessness, food insecurity, and many other hardships**
- Organized **67** park and garden improvement projects **benefiting thousands in our community**
- Compiled **1200** hygiene, school, and mini first aid kits for organizations such as the Eugene Mission, Refugee Resettlement Coalition of Lane County, Catholic Community Services, and Bags of Love
- Made **250** items (e.g., cat carriers, cards, blankets, toys) for animals
- Created **5000** holiday cards for the homeless
- Made **400** items such as blankets, bracelets, and cards for hospitalized children and their families
- And so much more!

We Build Community

We work tirelessly to (a) advocate for the difference children can make in their community and to (b) foster positive and impactful relationships with organizations focused on helping those in need. As a result, LHC has collaborated with and supported over **50** local and national organizations including:

- Ronald McDonald House
- Eugene Parks and Open Spaces Division
- Eugene Mission
- Waterford Grand Retirement
- Lone Oak Assisted Living
- Grassroots Garden
- FOOD for Lane County
- Womenspace
- Adventure! Children's Museum
- Greenhill Humane Society
- Cards for Hospitalized Kids
- Riverbend and Peace Health
- Northwest Dog Project
- Mt. Pisgah Arboretum
- Friends of Trees
- Friends of Hendricks Park
- Catholic Community Services
- Nearby Nature
- Positive Community Kitchen
- And many more!

OUR IMPACT

City Stewards

In our City Stewards program, we worked with and served **over 20 organizations** through our community service projects.

In 2019, **1,422 volunteers** completed **37 service projects** totalling over **1,801 community service hours** through our City Stewards program. This is nearly twice the number of volunteers and community service hours that we completed in 2018! **26 of these** service projects were community garden and park improvement projects that benefitted our entire community. We also served **979 other members of our community**, including **50 seniors** and **17 rescued animals** through the remaining 11 projects. Additionally, with the help of church groups, school groups, and countless others, we made **over 900 holiday cards** which we placed on each bed at the Eugene Mission on Christmas Eve.

Our community service projects included, but were not limited to: gardening, painting and landscaping for the City of Eugene Parks and Open Spaces, making dog treats and cards for Northwest Dog Project, landscaping at Mt. Pisgah, helping in FOOD for Lane County's Grassroots Garden, cleaning and landscaping at Riverhouse Outdoor, cleaning the Very Little Theatre, painting kindness rocks at the Toolbox Project, preparing Thanksgiving and Christmas dinners for the nearly 500 people without homes who utilize the Eugene Mission, and making ornaments for Womenspace, an organization dedicated to ending partner violence.



Photo: Skinner's Butte Park Improvement Project in June 2019 with a record 200 volunteers!

Happy Helpers:

In our Happy Helpers Playdates program, we engage seniors who are in an assisted living environment for a variety of reasons, including Memory Care. Many of the residents are Veterans.

In 2019, LHC's preschoolers and toddlers with their caregivers completed **35 service projects** totalling over **681 community service hours** through our Happy Helpers program. These projects **served 1,144** national and local community members, including **433 seniors** and **137 rescued animals**.

Our service projects included, but were not limited to: creating graduation awards for children in Haiti, making Get Well cards, decorating placemats for Meals on Wheels, making dog and cat toys and carriers for Greenhill Humane Society, making blankets and cards for hospitalized children, making pillowcases for wounded soldiers, and making Christmas cards to put on every pillow at the Eugene Mission.



Photo: Happy Helpers - seniors and preschoolers worked together to make dog puzzle toys for Greenhill Humane Society

OUR IMPACT

Kindness Camp:

This year we were able to expand our summer 2019 Kindness Camps to two sessions, one for 4-5 year olds and the other for 6-8 year olds! These amazing **40 children** completed **15 service projects** in which they compiled, collected, or handmade items benefitting **10 different organizations**. Their projects served **285 community members** including **25 seniors** and **16 rescued animals**. This included:

1. Conducting a food drive in which they collected over **100 non-perishable food items** for FOOD for Lane County.
2. Making **25 placemats** for Meals on Wheels.
3. Compiling **31 school kits** for refugees for the Refugee Resettlement Coalition of Lane County.
4. Compiling **59 mini first aid kits** for the Eugene Mission to distribute to those without homes.
5. Reusing **45 plastic yogurt containers**.
6. Planting **30 plants** to help the earth and the bees.
7. Painting **30 kindness rocks** to hide in the community.
8. Making **16 cat toys** for the Greenhill Humane Society.
9. Creating and delivering **31 friendship keychains** to other campers.
10. Making **15 thank you cards** for parents and caregivers.



Photo: Our 4-5 year old Kindness Campers compiled school kits for the Refugee Resettlement Coalition of Lane County

Learning Leaders

LHC partners with the BEST (Boosting & Enriching Students Today) Afterschool Program to provide a community service elective at local elementary schools in Eugene, Oregon. The BEST program targets underserved students, including children who are homeless, in transitional housing, and English Language Learners. Students in the BEST Afterschool Program are more diverse than the 4J district-wide student body as a whole. **45% of BEST attendees are students of color, and almost 20% speak a language other than English at home.**

In the service elective, students learn about different issues in the community, participate in classroom service projects, and learn more about local nonprofits. Lesson plans include books, music, games, discussions, and service activities related to a particular nonprofit and the community need it addresses. These activities are paired with age-appropriate discussion and multimedia on topics such as safe shelter, protecting the environment, building a strong community, protecting animals, or helping neighbors.

188 students are served each year in our LHC community service elective, and each can complete between 3 and 20 hours of service during a school year. During the 2018-2019 school year, our Learning Leaders completed **893 hours of service** and **served over 900 community members** through their projects. Students benefit from the LHC Afterschool Program as they gain more confidence, self-efficacy, and tolerance as they increase their understandings of social issues. Individuals served by the local non-profits benefit, as well.



Photos: Learning Leaders students made holiday cards and compiled hygiene/care kits for the homeless in December 2019

OUR IMPACT

Young Yogis Service:

In September of 2019 Little Hands Can launched a new program called Young Yogis Service! Our yoga instructor, Ginger, led us on a mindfulness journey that helped us be more present and compassionate towards ourselves so we could in turn share that same compassion with those around us and our environment. We finished with a park clean up and enjoyed smoothies generously donated by Vitality Bowls. Such a fun and special event that we hope to bring back in the future!

During this event **43 volunteers** completed **43 community service hours**. Our entire community now benefits from the painted park benches and trashless grounds of Mangan Park.



Photos: Cleaning up a local park!



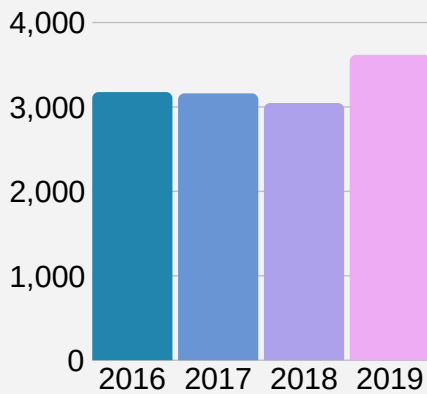
OUR GROWTH

Little Hands Can started with two Eugene moms with a passion for helping others who wanted to instill that love of service in their children. Not finding many organizations that accepted toddler-age volunteers, they decide to create an organization that would seek out service opportunities for young children and make them accessible to as many families as possible.

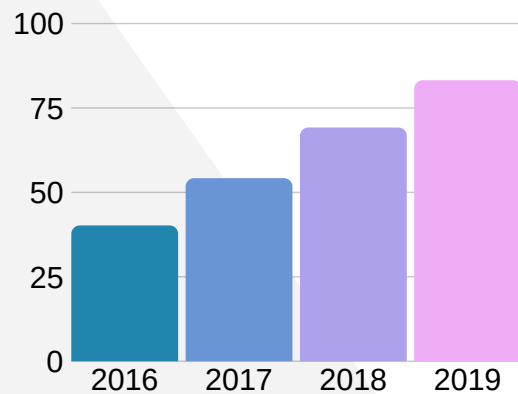
Little Hands Can's first community event was held in June of 2015 at Skinner's Butte Park putting together mini first aid kits for the Eugene Mission. Since then we've expanded to include many more community events as well as other programs ranging from an afterschool program to play dates to summer camps to school/church visits and more. The website is stocked with easy service ideas for families to do on their own time, as well as inspirational examples of kids engaging in service around the world, so that any child anywhere can feel like they can do something to help others.

Over the last four years, we have partnered with local charities, organizations, and retirement facilities to complete over 270 community service projects and have engaged and helped thousands of community members through our volunteer work.

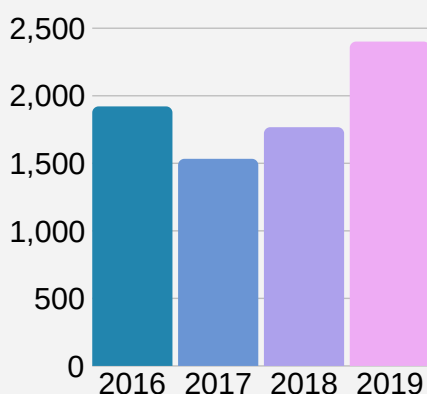
Our Learning Leaders after school program has grown to include 188 students per year and teachers have developed a Learning Leaders curriculum to be used with future classes. We've expanded our programs to reach more people in the community and have launched new programs to encourage compassion and empathy toward self and others.



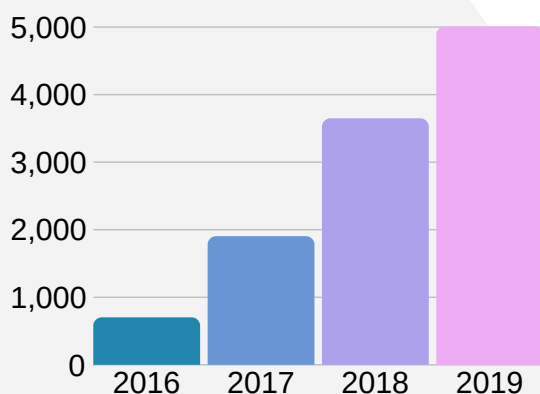
Total Service Hours Completed



Community Service Projects Completed



Number of Volunteers



Number of Community Members Served

FINANCIAL STATEMENTS

Little Hands Can

PROFIT AND LOSS

July 2019 - January 2020

	TOTAL
Income	
4100 Grant Income	1,000.00
4300 Earned Income	422.55
4400 Donations	351.73
4500 Fundraising Event Income	5,945.17
Total Income	\$7,719.45
GROSS PROFIT	\$7,719.45
Expenses	
5100 Contractors	4,672.50
5200 Office Supplies & Software	32.00
5300 Reimbursable Expenses	700.00
5400 Fundraising Event Expenses	0.71
5550 Website	13.16
5700 Food	82.49
5800 Program Supplies	1,156.57
5900 Mail and Postage	51.10
6200 Registrations, Licenses, Taxes	60.00
6300 Bank Charges and Credit Card Fees	0.75
Total Expenses	\$6,769.28
NET OPERATING INCOME	\$950.17
NET INCOME	\$950.17

Little Hands Can

BALANCE SHEET

As of December 31, 2019

	TOTAL
ASSETS	
Current Assets	
Bank Accounts	
1000 Umpqua Cash	10,249.83
Total Bank Accounts	\$10,249.83
Total Current Assets	\$10,249.83
TOTAL ASSETS	\$10,249.83
LIABILITIES AND EQUITY	
Liabilities	
Total Liabilities	
Equity	
3500 Net Assets	-405.09
3999 Opening Balance Equity	13,050.90
Net Income	-2,395.98
Total Equity	\$10,249.83
TOTAL LIABILITIES AND EQUITY	\$10,249.83

OUR DONORS AND SUPPORTERS

First, we'd like to thank all of our generous #GivingTuesday Donors. With your help on December 3, 2019, we were able to raise \$6,122.00, which goes a long way in our organization. This money will help us continue to provide free community service events twice per month as well as fund our Happy Helpers Program. We are so grateful for the support of our friends, family, and community for making this possible.

Thank you to the **MillsDavis Foundation** which awarded us a \$5000.00 grant to fund our 2019-2020 Learning Leaders program. This allows us to continue to provide our programming to underserved children in our community.

Thank you to the **Bess Spiva Timmons Foundation** for awarding us a \$1000.00 grant to support our Happy Helpers program.

We'd also like to thank **Spirit Mountain Community Fund** for the generous \$4000.00 grant awarded to us in December 2018 to fund our 2019 After School Program. Our Executive Director, Ashley, was honored to attend the check acceptance ceremony. It was wonderful meeting some of the Tribal Leaders, learning about the history of Grand Ronde, and mingling with others in our region who are doing such amazing charitable work. It's inspiring to be amongst so many who are giving back to their community in remarkable ways. We are grateful.

Thank you, also, to **Neu Real Estate** for your generous donation, as well as **Trader Joe's Eugene** and **Vitality Bowls** for providing snacks at our City Stewards and Young Yogis Service events!



SPRIT MOUNTAIN
COMMUNITY FUND



The Confederated Tribes
of Grand Ronde



OUR DONORS AND SUPPORTERS

Little Hands Can would like to thank the following businesses, individuals, and organizations for their

MillsDavis Foundation

Spirit Mountain Community Fund

Bess Spiva Timmons Foundation

BJ's Restaurant

Nancy's Yogurt

Neu Real Estate

Kesey Enterprises

Papa's Pizza

Periwillow Boutique

Trader Joe's Eugene

Vitality Bowls

Westraunt Concepts

(Mucho Gusto and Dickie Yo's)

Danielle Arthur

Sara Ashley

Brinda Avadani

Marian Azorr

C David Bailey

Amber Baird

Liberty and Levi Barnes

Dominique Barr

Ellie Baumgartner

Ami Bear

Josh Beck

John and Alison Bell

Linda Bevans

Ashley Bohanan

Kathryn Butler

Chrystal Calderon

Jennifer Chamberlain

Jessica Clark

Miriam Clark

Christa Cotterell

Sally Curran Cummings

Edon Davenport

Ariel Deardorff

Amy Donaldson

Anna Drake

Curtis Drake

Michael Dunn

Emily Dunn

Jenna Duplant

Mindy Fairchild

Kelsey Felt

Suz Fix

Christie Forsyth

Amy Frey

Mathew Gallien

Andrea Gamarra

Jessica Gamlin

Meryni Hall

Cris Hanson

Sara Hemmingsen

Conor and Rachel Henderson

Tom Henderson

Thea Hiersche

Irena Hukari

Susanne Hukari

Brooke Jackson

Lauren Jackson

Elizabeth Johnson

Ginger Kesey

Laura Kessler

Heather Kunz

Alan LaPratt

Lisa Lewis

Katie Long

Heather Sundin Lorenz

Marybeth Loyd Bock

Pati Loyd Lacy

Samantha Lyn Hill

Bonnie Martin

Britny Maurèze

Sally McIntyre

Bethany Mckinnon

Jenny Milliron

Emily Miska

Robert Miska

Krista Noble

Tiffany Palaniuk

Joanna Palmer

Robin Pedersen

Lisa Pinn

Laura Ramey

Karen Ramsden

Amelia Reising

Kara Rhoda

Stephanie Savage

Amanda Silha

Toni Steinberger

Kellie Steiner

Jon Sundin

Kevin Sutterfield

Sara Thornton

Brian Trusty

Mandi Vance

Cindy Vance

Raymond Walthar

Katie Walther

John Wihtol

Elizabeth "Betsy" Kelley

Wilberg

Janis Williams

Alicia Williams

Kacie Wills

Carolyn Woods

Karen Woods Windham

Gary and Rosemary Zipay

Zach Zipay

OUR GOALS FOR 2020 & BEYOND

In 2020, we will continue to perfect and expand upon our existing programs. Each program will have a fresh set of specific goals that will help us focus on our mission and have the greatest impact possible on our community. We continue to build our leadership team, board of directors, and volunteer base. We are so excited for the future of LHC with these amazing individuals guiding it. Happy 2020!

Serve with us!

Join us by attending our events, learning from our website, volunteering, joining our Board of Directors, or **donating**. We count on YOU to continue to provide events that are accessible to all children and families in our community. We hope to see your family soon, because all **little hands can** make a world of difference!



Little Hands Can

